

Cheat Sheet for Strengths and Mental Status Exam

STRENGTHS:

- Cooperation
- Motivated for School
- Flexible
- Motivated for Treatment
- Problem Solving Skills
- Has Academic/Career Goals
- Verbal
- Has Insight into Difficulties
- Agency Support
- Able to Establish Rapport
- Sense of Humor
- Family Support
- Medication Compliant
- Good Social Skills
- Has Hobbies/Interests
- Independent self care skills
- Intelligent
- Helpful
- Good Hygiene
- Follows Rules
- Other:

ASSESSMENT/MENTAL STATUS EXAM (MSE)

General Appearance

- Neatly groomed, appropriate to climate
- Poor grooming/hygiene
- Other

Motoric Behavior

- Normal
- Agitation
- Retardation
- Tics
- Tremor/Movement Disorder
- Other

Mood

- Euthymic
- Anxious
- Depressed
- Neutral
- Euphoric
- Irritable
- Other

Affect

- Appropriate
- Labile
- Blunted
- Flat
- Constricted
- Inappropriate
- Expansive
- Other

Speech

- Normal
- Sparse
- Pressured
- Slow
- Hyperverbal
- Other

Thought Content

- No Evidence of Abnormality
- Delusions (specify type)
- Phobias (specify type)
- Depersonalization/Derealization
- Obsessions
- Preoccupation
- Other

Concentration/Attention

- Within Normal Limits
- Variable
- Distractible
- Other

Perception

- No Evidence of Abnormality
- Auditory Hallucinations
- Visual Hallucinations
- Other

Memory

- No Evidence of Abnormality
- Fair
- Poor (specify):

Judgement

- Good
- Impaired (specify):

Insight

- Good
- Age Appropriate
- Limited (specify):

Orientation

- Person
 - Place
 - Time
 - Situation
- Specify Impairment if any: _____

Risk Assessment

- Suicidal
- Denies
- No Evidence
- If present describe below**
- OR Risk Assessment Tool Completed

- Homicidal
- Denies
- No Evidence
- If present describe below**
- OR Risk Assessment Tool Completed